

# Sample Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> <b>AM-</b> Cereal and Milk  <b>PM-</b> Cheese Cubes and Hawaiian Rolls	<b>1</b> <b>AM-</b> Bagel and Cream Cheese  <b>PM</b> Hard Boiled Eggs and Strawberries	<b>2</b> <b>AM-</b> Cereal and Milk  <b>PM</b> Yogurt and Raisin Bread	<b>3</b> <b>AM-</b> English Muffin(1/2) and cheese  <b>PM</b> Aussie Bites and Apple Sauce	<b>4</b> <b>AM</b> Cereal and Milk  <b>PM</b> Animal Crackers and Cuties Oranges
<b>7</b> Popcorn and Milk or Juice	<b>8</b> Hard Boiled Eggs and Strawberries	<b>9</b> Grapes and Raisin Bread	<b>10</b> Cheese and Hawaiian Rolls	<b>11</b> Apple and Nutrigrain Bar
<b>14</b> Cheese and English Muffin with Jam or Butter	<b>15</b> Aussie Bites and Apple Sauce	<b>16</b> Fruit Snacks and Pretzels	<b>17</b> Gogurt and Animal Crackers	<b>18</b> Banana Chips and Sugar Wafers or Nutigrain Bar
<b>21</b> Whole Apples and Cheese Sticks	<b>22</b> Sunflower Seeds or Hardboiled Eggs and Ausie Bites	<b>23</b> Yogurt and Raisin Bread	<b>24</b> Cheese Square and Animal Crackers	<b>25</b> English Muffins with Jam or Butter and Apple Sauce or Fruit Cup
<b>28</b> Cream Cheese and Bagels	<b>29</b> Hawaiian Rolls and Apple Sauce	<b>30</b> Apple Slices and Cheese Cubes	<b>31</b> Grapes and Animal Crackers	<b>1</b> <b>AM</b> Cereal and Milk  <b>PM</b> Mother Hubbard's Cupboard

Allergy alternative:

Apples